

WEEKDAY

MASS SHEET

Saturday, 20th January

Weekday or
Saint Fabian, Pope and Martyr or
Saint Sebastian, Martyr or
Our Lady on Saturday

Fabian died in 250 under the Decian persecutions. He was a layman who was elected Pope.

Sebastian was pierced with arrows and clubbed to death in the late 3rd century under Emperor Diocletian.

Entrance Antiphon: **All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!**

BVM Antiphon 4: **All the richest of the people long to see your face: behind her, her maiden companions are escorted to the King; her attendants are escorted to you amid gladness and joy.**

First Reading: 2 Samuel 1:1-4. 11-12. 17. 19. 23-27
How did the heroes fall in the thick of the battle.

Responsorial Psalm: **Let your face shine on us, O Lord, and we shall be saved.**

Gospel Acclamation: **Alleluia, alleluia! God in Christ was reconciling the world to himself, and he has entrusted to us the news that they are reconciled. Alleluia!**

Gospel: Mark 3:20-21
His relatives said he was out of his mind.

Communion Antiphon: **You have prepared a table before me, and how precious is the chalice that quenches my thirst.**

BVM Antiphon 4: **Praise the Lord our God, for in Mary his handmaid he has fulfilled his promise of mercy to the house of Israel.**

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15th Jan – 20th Jan

Week 2, Year II

Monday, 15th January

Weekday

Entrance Antiphon: **All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!**

First Reading: 1 Samuel 15:16-23
Obedience is better than sacrifice. The Lord has rejected you as king.

Responsorial Psalm: **I will show God's salvation to the upright.**

Gospel Acclamation: **Alleluia, alleluia! Accept God's message for what it really is: God's message, and not some human thinking. Alleluia!**

Gospel: Mark 2:18-22
The bridegroom is with them.

Communion Antiphon: **You have prepared a table before me, and how precious is the chalice that quenches my thirst.**

Tuesday, 16th January

Weekday

Entrance Antiphon: **All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!**

First Reading: 1 Samuel 16:1-13
Samuel anointed David where he stood with his brothers; and the Spirit of the Lord seized on David.

Responsorial Psalm: **I have found David, my servant.**

Gospel Acclamation: **Alleluia, alleluia! Open my eyes, O Lord, that I may consider the wonders of your law. Alleluia!**

Gospel: Mark 2:23-28

The Sabbath was made for man, not man for the Sabbath.

Communion Antiphon: **You have prepared a table before me, and how precious is the chalice that quenches my thirst.**

Wednesday, 17th January

Weekday or

Saint Anthony, Abbot

Anthony was born in Egypt. Originally he was a hermit but soon disciples gathered around him and so he is regarded as the 'father of monasticism'. Anthony died in 356. His life was written by St Athanasius and helped to contribute to the conversion of St Augustine and St Martin.

Entrance Antiphon: **The just will flourish like the palm tree, and grow like a Lebanon cedar, planted in the house of the Lord, in the courts of the house of our God.**

First Reading: 1 Samuel 17:32-33. 37. 40-51
David triumphed over the Philistine with a sling and a stone.

Responsorial Psalm: **Blessed be the Lord, my rock.**

Gospel Acclamation: **Alleluia, alleluia! The word of God is something alive and active; it can judge secret emotions and thoughts. Alleluia!**

Gospel: Mark 3:1-6
Is it against the law on the Sabbath day to save life?

Communion Antiphon: **If you would be perfect, go, sell what you have, give to the poor, and follow me, says the Lord.**

Thursday, 18th January

Weekday

Entrance Antiphon: **All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!**

First Reading: 1 Samuel 18:6-9; 19:1-7
My father Saul is looking for a way to kill you.

Responsorial Psalm: **In God I trust; I shall not fear.**

Gospel Acclamation: **Alleluia, alleluia! Your words are spirit, Lord, and they are life: you have the message of eternal life. Alleluia!**

Gospel: Mark 3:7-12
The unclean spirits would shout, 'You are the Son of God!' But he warned them strongly not to make him known.

Communion Antiphon: **You have prepared a table before me, and how precious is the chalice that quenches my thirst.**

Friday 19th January

Saint Wulstan, Bishop

Wulstan was born c.1008 and became a Benedictine and Bishop of Worcester. After the Norman Conquest he was the only English Bishop to retain his See. He instituted Pastoral Visitations. Wulstan died in 1095.

Entrance Antiphon: **I myself shall take care of my flock and look after it, says the Lord; I shall raise up a shepherd and put him in charge of them to pasture them. I, the Lord, shall be their God.**

The **Gloria** is recited.

First Reading: Romans 6:17-19, 20-23
You are set free from sin and bound to the service of God.

Responsorial Psalm: **O give thanks to the Lord for he is good: for his love endures forever.**

Gospel Acclamation: **Alleluia, alleluia! I am the Good Shepherd: I know my own and my own know me, says the Lord. Alleluia!**

Gospel: John 10:11-15
I am the Good Shepherd who lays down his life for his sheep.

Communion Antiphon: **I shall raise up for myself a faithful priest, says the Lord. I shall build him an enduring house and he will walk in the presence of my Anointed.**