

Gospel Acclamation: **Alleluia, alleluia! Your words are spirit, Lord, and they are life: you have the message of eternal life. Alleluia!**

Gospel: Mark 7:31-37

He makes the deaf hear and the dumb speak.

Communion Antiphon: **Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.**

Saturday, 10th February

Saint Scholastica, Virgin

Born c. 480, Scholastica was the twin sister of St Benedict. She is acclaimed to be the founder of monastic life for women. Her feast has been celebrated on this day since at least the 10th century. She died c. 547 and is patron of nuns.

Entrance Antiphon: **Here is a wise virgin, from among the numbers of the prudent, who went forth with lighted lamp to meet Christ.**

First Reading: 1 Kings 12:26-32; 13:33-34
Jeroboam made two golden calves.

Responsorial Psalm: **O Lord, remember me out of the love you have for your people.**

Gospel Acclamation: **Alleluia, alleluia! Man does not live on bread alone, but on every word that comes from the mouth of God. Alleluia!**

Gospel: Mark 8:1-10

They ate as much as they wanted.

Communion Antiphon: **Behold, the Bridegroom is coming; come out to meet Christ the Lord.**

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WEEKDAY MASS SHEET

**5th Feb – 10th Feb
Week 5, Year II**

Monday, 5th February

St Agatha, Virgin and Martyr

Agatha suffered martyrdom at Catania in Sicily in the year 250. Legend has it that St Peter appeared to her to heal and console her; hence she was venerated by various Popes. Agatha's final prayer is said to be: "Lord, my Creator, you have always protected me from the cradle; you have taken me from the love of the world and given me patience to suffer. Receive my soul."

Entrance Antiphon: **Behold, now she follows the Lamb who was crucified for us, powerful in virginity, modesty her offering, a sacrifice on the altar of chastity.**

First Reading: 1 Kings 8:1-7. 9-13

They brought the ark of the covenant into the Holy of Holies, and the cloud filled the Temple of the Lord.

Responsorial Psalm: **Go up, Lord, to the place of your rest!**

Gospel Acclamation: **Alleluia, alleluia! I am the light of the world, says the Lord, anyone who follows me will have the light of life. Alleluia!**

Gospel: Mark 6:53-56

All those who touched him were cured.

Communion Antiphon: **The Lamb who is at the centre of the throne will lead them to the springs of the waters of life.**

Tuesday, 6th February

Weekday

Saint Paul Miki and Companions, Martyrs

In 1597, 26 martyrs of Japan were crucified overlooking Nagasaki. Among them were catechists, doctors, simple artisans and servants, old men and innocent children—all united in a common faith and love for Jesus and his Church.

Entrance Antiphon: **The souls of the Saints are rejoicing in Heaven, the Saints who followed the footsteps of Christ, and since for love of him they shed their blood, they now exult with Christ for ever.**

First Reading: 1 Kings 8:22-23. 27-30
You have said, 'My name shall be there.' Hear the entreaty of your people Israel.

Responsorial Psalm: **How lovely is your dwelling place, Lord, God of hosts.**

Gospel Acclamation: **Alleluia, alleluia! Train me, Lord, to observe your law, to keep it with my heart. Alleluia!**

Gospel: Mark 7:1-13
You put aside the commandment of God to cling to human traditions.

Communion Antiphon: **See how rich is the Saints' reward from God; they died for Christ and will live for ever.**

Wednesday, 7th February

Weekday

Entrance Antiphon: **O Come, let us worship God and bow low before the God who made us, for he is the Lord our God.**

First Reading: 1 Kings 10:1-10
The queen of Sheba saw all the wisdom of Solomon.

Responsorial Psalm: **The just man's mouth utters wisdom.**

Gospel Acclamation: **Alleluia, alleluia! Our Saviour Christ Jesus abolished death, and he has proclaimed life through the Good News. Alleluia!**

Gospel: Mark 7:14-23
It is what comes out of a man that makes him unclean.

Communion Antiphon: **Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.**

Thursday, 8th February

**Weekday or
St Jerome Emiliani, Religious or
Saint Josephine Bakhita, Virgin**

Jerome was an Italian layman who worked to educate the poorest in society. He founded the Somascan Fathers and Brothers. A statue in his honour by Bracci is to be found in St Peter's basilica in Rome. He succumbed to disease and died in 1537.

Josephine was a Sudanese-born former slave who became a Roman Catholic Canossian nun in Italy, living and working there for 45 years. In 2000, she was declared a saint by the Blessed Pope John Paul II.

Entrance Antiphon: **O Come, let us worship God and bow low before the God who made us, for he is the Lord our God.**

First Reading: 1 Kings 11:4-13
Since you do not keep my covenant I will tear the kingdom away from you. For the sake of my servant David, I will leave your son on tribe.

Responsorial Psalm: **O Lord, remember me out of the love you have for your people.**

Gospel Acclamation: **Alleluia, alleluia! The Lord is faithful in all his words and loving in all his deeds. Alleluia!**

Gospel: Mark 7:24-30
The house-dogs under the table can eat the children's scraps.

Communion Antiphon: **Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.**

Friday, 9th February

Weekday

Entrance Antiphon: **O Come, let us worship God and bow low before the God who made us, for he is the Lord our God.**

First Reading: 1 Kings 11:29-32; 12-19
Israel has been separated from the House of David.

Responsorial Psalm: **I am the Lord your God; listen to my warning.**