

Saturday, 16th March

Weekday in Lent

Entrance Antiphon: **The law of the Lord is perfect; it revives the soul. The decrees of the Lord are steadfast; they give wisdom to the simple.**

First Reading: Deuteronomy 26:16-19
You will be a people consecrated to the Lord God.

Responsorial Psalm: **They are happy who follow God's law!**

Gospel Acclamation: **Praise and honour to you, Lord Jesus! Blessed are those who, with a noble and generous heart, take the word of God to themselves and yield a harvest through their perseverance. Praise and honour to you, Lord Jesus!**

Gospel: Matthew 5:43-48
Be perfect as your heavenly Father is perfect.

Communion Antiphon: **Be perfect, as your heavenly Father is perfect, says the Lord.**

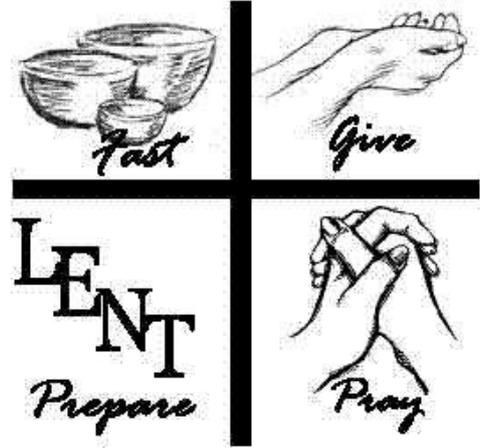


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WEEKDAY

MASS SHEET

11th – 14th March
First Week of Lent



Monday, 11th March

Weekday in Lent

Entrance Antiphon: **Like the eyes of slaves on the hand of their lords, so our eyes are on the Lord our God, till he show us his mercy. Have mercy on us, Lord, have mercy.**

First Reading: Leviticus 19:1-2. 11-18
You must pass judgement on your neighbour according to justice.

Responsorial Psalm: **Your words are spirit, Lord, and they are life.**

Gospel Acclamation: **Praise to you, O Christ, king of eternal glory! Shake off all your sins – it is the Lord who speaks – and make yourselves a new heart and a new spirit. Praise to you, O Christ, king of eternal glory!**

Gospel: Matthew 25:31-46
In so far as you did this to one of the least of these brothers of mine you did it to me.

Communion Antiphon: **Amen, I say to you: Whatever you did for one of the least of my brethren, you did it for me, says the Lord. Come, you blessed of my Father, receive the kingdom prepared for you from the foundation of the world.**

Tuesday, 12th March

Weekday in Lent

Entrance Antiphon: **O Lord, you have been our refuge, from generation to generation; from age to age, you are.**

First Reading: Isaiah 55:10-11

My word shall succeed in what it was sent to do.

Responsorial Psalm: **The Lord rescues the just in all their distress.**

Gospel Acclamation: **Praise and honour to you, Lord Jesus! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise and honour to you, Lord Jesus!**

Gospel: Matthew 6:7-15

You should pray like this.

Communion Antiphon: **When I called, the God of justice gave me answer; from anguish you released me; have mercy, O Lord, and hear my prayer!**

Wednesday, 13th March

Weekday in Lent

Entrance Antiphon: **Remember your compassion, O Lord, and your merciful love, for they are from of old. Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress.**

First Reading: Jonah 3:1-10

The people of Nineveh renounced their evil behaviour.

Responsorial Psalm: **A humbled, contrite heart, O God, you will not spurn.**

Gospel Acclamation: **Glory and praise to you, O Christ! I take pleasure, not in the death of a wicked man – it is the Lord who speaks – but in the turning back of a wicked man who changes his ways to win life. Glory and praise to you, O Christ!**

Gospel: Luke 11:29-32

The only sign given to this generation is the sign of Jonah.

Communion Antiphon: **All who take refuge in you shall be glad, O Lord, and ever cry out their joy, and you shall dwell among them.**

Thursday, 14th March

Weekday in Lent

Entrance Antiphon: **To my words give ear, O Lord; give heed to my sighs. Attend to the sound of my cry, my King and my God.**

First Reading: Esther 4:17

I have no helper but you, Lord.

Responsorial Psalm: **On the day I called, you answered me, O Lord.**

Gospel Acclamation: **Glory to you, O Christ, you are the Word of God! Now, now – it is the Lord who speaks – come back to me with all your heart, for I am all tenderness and compassion. Glory to you, O Christ, you are the Word of God!**

Gospel: Matthew 7:7-12

The one who asks always receives.

Communion Antiphon: **Everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened.**

Friday, 15th March

Weekday in Lent

Entrance Antiphon: **Set me free from my distress, O Lord. See my lowliness and suffering, and take away all my sins.**

First Reading: Ezekiel 18:21-28

Am I likely to take pleasure in the death of a wicked man and not prefer to see him renounce his wickedness and live.

Responsorial Psalm: **If you, O Lord, should mark our guilt, Lord, who would survive?**

Gospel Acclamation: **Praise to you, O Christ, king of eternal glory! Seek good and not evil so that you may live, and that the Lord God of hosts may really be with you. Praise to you, O Christ, king of eternal glory!**

Gospel: Matthew 5:20-26

Go and be reconciled with your brother first.

Communion Antiphon: **As I live, says the Lord, I do not desire the death of the sinner, but rather that he turn back and live.**