



**Saturday, 19<sup>th</sup> January**

**Saint Wulstan, Bishop**

*Wulstan was born c.1008 and became a Benedictine and Bishop of Worcester. After the Norman Conquest he was the only English Bishop to retain his See. He instituted Pastoral Visitations. Wulstan died in 1095.*

Entrance Antiphon: **I myself shall take care of my flock and look after it, says the Lord; I shall raise up a shepherd and put him in charge of them to pasture them. I, the Lord, shall be their God.**

The **Gloria** is recited.

First Reading: Romans 6:17-19, 20-23  
*You are set free from sin and bound to the service of God.*

Responsorial Psalm: **O give thanks to the Lord for he is good: for his love endures forever.**

Gospel Acclamation: **Alleluia, alleluia! I am the Good Shepherd: I know my own and my own know me, says the Lord. Alleluia!**

Gospel: John 10:11-15  
*I am the Good Shepherd who lays down his life for his sheep.*

Communion Antiphon: **I shall raise up for myself a faithful priest, says the Lord. I shall build him an enduring house and he will walk in the presence of my Anointed.**

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# WEEKDAY MASS SHEET

**14<sup>th</sup> – 19<sup>th</sup> January**  
**Week One, Year I**

**Monday, 14<sup>th</sup> January**

**Weekday**

Entrance Antiphon: **Upon a lofty throne, I saw a man seated, whom a host of angels adore, singing in unison: Behold him, the name of whose empire is eternal.**

First Reading: Hebrews 1:1-6  
*God has spoken to us through his Son.*

Responsorial Psalm: **All you angels, worship the Lord.**

Gospel Acclamation: **Alleluia, alleluia! Open our heart, O Lord, to accept the words of your Son. Alleluia!**

Gospel: Mark 1:14-20  
*Repent and believe the Good News.*

Communion Antiphon: **With you, O Lord, is the fountain of life, and in your light we see light.**

**Tuesday, 15<sup>th</sup> January**

**Weekday**

Entrance Antiphon: **Upon a lofty throne, I saw a man seated, whom a host of angels adore, singing in unison: Behold him, the name of whose empire is eternal.**

First Reading: Hebrews 2:5-12  
*It was appropriate that God should make perfect through suffering the leader who would take them to their salvation.*

Responsorial Psalm: **You gave your Son power over the works of your hand.**

Gospel Acclamation: **Alleluia, alleluia! Accept and submit to the word which has been planted in you and can save your souls. Alleluia!**

Gospel: Mark 1:21-28

*He taught them with authority.*

Communion Antiphon: **With you, O Lord, is the fountain of life, and in your light we see light.**

**Wednesday, 16<sup>th</sup> January**

**Weekday**

Entrance Antiphon: **Upon a lofty throne, I saw a man seated, whom a host of angels adore, singing in unison: Behold him, the name of whose empire is eternal.**

First Reading: Hebrews 2:14-18

*It was essential that he should in this way become completely like his brothers so that he could be compassionate.*

Responsorial Psalm: **The Lord remembers his covenant for ever.**

Gospel Acclamation: **Alleluia, alleluia! Let the message of Christ, in all its richness, find a home with you; through him give thanks to God the Father. Alleluia!**

Gospel: Mark 1:29-39

*He cured many who were suffering from diseases of one kind or another.*

Communion Antiphon: **With you, O Lord, is the fountain of life, and in your light we see light.**



**Thursday, 17<sup>th</sup> January**

**Saint Anthony, Abbot**

*Anthony was born in Egypt. Originally he was a hermit but soon disciples gathered around him and so he is regarded as the 'father of monasticism'. Anthony died in 356. His life was written by St Athanasius and helped to contribute to the conversion of St Augustine and St Martin.*

Entrance Antiphon: **The just will flourish like the palm tree, and grow like a Lebanon cedar, planted in the house of the Lord, in the courts of the house of our God.**

First Reading: Hebrews 3:7-14

*As long as this 'today' lasts, keep encouraging one another.*

Responsorial Psalm: **O that today you would listen to his voice! 'Harden not your hearts.'**

Gospel Acclamation: **Alleluia, alleluia! Because of your love give me life, and I will do your will. Alleluia!**

Gospel: Mark 1:40-45

*The leprosy left him and he was cured.*

Communion Antiphon: **If you would be perfect, go, sell what you have, give to the poor, and follow me, says the Lord.**



**Friday, 18<sup>th</sup> January**

**Weekday**

Entrance Antiphon: **Upon a lofty throne, I saw a man seated, whom a host of angels adore, singing in unison: Behold him, the name of whose empire is eternal.**

First Reading: Hebrews 4:1-5. 11

*We must therefore do everything we can to reach this place of rest.*

Responsorial Psalm: **Never forget the deeds of the Lord.**

Gospel Acclamation: **Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us. Alleluia!**

Gospel: Mark 2:1-12

*The Son of Man has authority on earth to forgive sins.*

Communion Antiphon: **With you, O Lord, is the fountain of life, and in your light we see light.**