

Gospel Acclamation: **Alleluia, alleluia!**  
**Blessed are those who, with a noble and generous heart, take the word of God to themselves and yield a harvest through their perseverance. Alleluia!**

Gospel: Mark 6:14-29  
*It is John whose head I have cut off. He has risen from the dead.*

Communion Antiphon: **Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.**

**Saturday, 9<sup>th</sup> February**

**Weekday or**

**Our Lady on Saturday**

Entrance Antiphon: **Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.**

BVM Antiphon 4: **All the richest of the people long to see your face: behind her, her maiden companions are escorted to the King; her attendants are escorted to you amid gladness and joy.**

First Reading: Hebrews 13:15-17. 20-21  
*May the God of peace, who brought back from the dead the great Shepherd, make you ready to do his will in any kind of good action.*

Responsorial Psalm: **The Lord is my shepherd; there is nothing I shall want.**

Gospel Acclamation: **Alleluia, alleluia! The sheep that belong to me listen to my voice, says the Lord, I know them and they follow me. Alleluia!**

Gospel: Mark 6:30-34  
*They were like sheep without a shepherd.*

Communion Antiphon: **Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.**

BVM Antiphon 4: **Praise the Lord our God, for in Mary his handmaid he has fulfilled his promise of mercy to the house of Israel.**

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# WEEKDAY MASS SHEET

**4<sup>th</sup> – 9<sup>th</sup> February**  
**Week Four, Year I**

**Monday, 4<sup>th</sup> February**

**Weekday**

Entrance Antiphon: **Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.**

First Reading: Hebrews 11:32-40  
*Through faith they conquered kingdoms. God will make provision for us to have something better.*

Responsorial Psalm: **Let your hearts take courage, all who hope in the Lord.**

Gospel Acclamation: **Alleluia, alleluia! Your word is truth, O Lord, consecrate us in the truth. Alleluia!**

Gospel: Mark 5:1-20  
*Come out of that man, unclean spirit.*

Communion Antiphon: **Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.**

**Tuesday, 5<sup>th</sup> February**

**St Agatha, Virgin and Martyr**

*Agatha suffered martyrdom at Catania in Sicily in the year 250. Legend has it that St Peter appeared to her to heal and console her; hence she was venerated by various Popes. Agatha's final prayer is said to be: "Lord, my Creator, you have always protected me from the cradle; you have taken me from the love of the world and given me patience to suffer. Receive my soul."*

Entrance Antiphon: **Behold now she follows the Lamb who was crucified for us, powerful in virginity, modesty her offering, a sacrifice on the altar of chastity.**

First Reading: Hebrews 12:1-4  
*We should keep running steadily in the race we have started.*

Responsorial Psalm: **They shall praise you, Lord, those who seek you.**

Gospel Acclamation: **Alleluia, alleluia! I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me. Alleluia!**

Gospel: Mark 5:21-43  
*Little girl, I tell you get up.*

Communion Antiphon: **The lamb who is at the centre of the throne will lead them to the springs of the waters of life.**

**Wednesday, 6<sup>th</sup> February**

**Saint Paul Miki and Companions, Martyrs**

*In 1597, 26 martyrs of Japan were crucified on a hill, now known as the Holy Mountain, overlooking Nagasaki. Among them were priests, brothers and laymen, Franciscans, Jesuits and members of the Secular Franciscan Order; there were catechists, doctors, simple artisans and servants, old men and innocent children—all united in a common faith and love for Jesus and his Church.*

Entrance Antiphon: **The souls of the Saints are rejoicing in Heaven, the Saints who followed the footsteps of Christ, and since for love of him they shed their blood, they now exult with Christ forever.**

First Reading: Hebrews 12:4-7. 11-15  
*The Lord trains the ones that he loves.*

Responsorial Psalm: **The love of the Lord is everlasting upon those who hold him in fear.**

Gospel Acclamation: **Alleluia, alleluia! Man does not live on bread alone, but on every word that comes from the mouth of God. Alleluia!**

Gospel: Mark 6:1-6  
*A prophet is only despised in his own country.*

Communion Antiphon: **See how rich is the Saint's reward from God; they died for Christ and will live forever.**

**Thursday, 7<sup>th</sup> February**

**Weekday**

Entrance Antiphon: **Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.**

First Reading: Hebrews 12:18-19. 21-24  
*What you have come to is Mount Zion and the city of the living God.*

Responsorial Psalm: **O God, we ponder your love within your temple.**

Gospel Acclamation: **Alleluia, alleluia! I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father. Alleluia!**

Gospel: Mark 6:7-13  
*He began to send them out.*

Communion Antiphon: **Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.**

**Friday, 8<sup>th</sup> February**

**Weekday or  
St Jerome Emiliani, Religious or  
Saint Josephine Bakhita, Virgin**

*Jerome was an Italian layman who worked to educate the poorest in society. He founded the Somascan Fathers and Brothers. A statue in his honour by Bracci is to be found in St Peter's basilica in Rome. He succumbed to disease and died in 1537.*

*Josephine was a Sudanese-born former slave who became a Roman Catholic Canossian nun in Italy, living and working there for 45 years. In 2000, she was declared a saint by the Blessed Pope John Paul II.*

Entrance Antiphon: **Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.**

First Reading: Hebrews 13:1-8  
*Jesus Christ is the same today as he was yesterday and as he will be for ever.*

Responsorial Psalm: **The Lord is my light and my help.**