

# WEEKDAY MASS SHEET

Week 5, Year I

11<sup>th</sup> – 16<sup>th</sup> February

Monday, 11<sup>th</sup> Feb

Weekday or

Our Lady of Lourdes



*Our Lady appeared to Bernadette Soubirous for the first time on February 11<sup>th</sup> 1858 and a further seventeen times till July of the same year. Lourdes is a centre of pilgrimage, prayer and healing in southern France.*

Entrance Antiphon: **Come, let us worship the Lord. Let us bow down in the presence of our maker, for he is the Lord our God.**

Lourdes Antiphon: **Blessed are you, Virgin Mary, who carried the creator of all things in your womb; you gave birth to your maker, and remain for ever a virgin.**

First Reading: Genesis 1:1-19  
*God said, and so it was.*

Responsorial Psalm: **May the Lord rejoice in his works!**

Gospel Acclamation: **Alleluia, alleluia! I am the light of the world, says the Lord, anyone who follows me will have the light of life. Alleluia!**

Gospel: Mark 6:53-56  
*All those who touched him were cured.*

Communion Antiphon: **Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.**

Lourdes Antiphon: **The Almighty has done great things for me. Holy is his name.**

Gospel Acclamation: **Alleluia, alleluia! Your words are spirit, Lord, and they are life: you have the message of eternal life. Alleluia!**

Gospel: Mark 7:31-37  
*He makes the deaf hear and the dumb speak.*

Communion Antiphon: **Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.**

Saturday, 16<sup>th</sup> February

Weekday or

Votive Mass of the Blessed Virgin Mary

Entrance Antiphon: **Come, let us worship the Lord. Let us bow down in the presence of our maker, for he is the Lord our God.**

BVM. Ent. Antiphon: **Blessed are you, Virgin Mary, who carried the creator of all things in your womb; you gave birth to your maker, and remain for ever a virgin.**

First Reading: Genesis 3:9-24  
*The Lord God expelled him from the garden of Eden, to till the soil.*

Responsorial Psalm: **O Lord, you have been our refuge from one generation to the next.**

Gospel Acclamation: **Alleluia, alleluia! Man does not live on bread alone, but on every word that comes from the mouth of God. Alleluia!**

Gospel: Mark 8:1-10  
*They ate as much as they wanted.*

Communion Antiphon: **Give praise to the Lord for his kindness, for his wonderful deeds towards us. He has filled the hungry with good things, he has satisfied the thirsty.**

BVM. Comm. Antiphon: **The Almighty has done great things for me. Holy is his name.**

**Tuesday, 12<sup>th</sup> February**

**Weekday**

Entrance Antiphon: **O Come, let us worship the Lord. Let us bow down in the presence of our maker, for he is the Lord our God.**

First Reading: Genesis 1:20-2:4

*Let us make man in our own image, in the likeness of ourselves.*

Responsorial Psalm: **How great is your name, O Lord our God, through all the earth!**

Gospel Acclamation: **Alleluia, alleluia! Train me, Lord, to observe your law, to keep it with my heart. Alleluia!**

Gospel: Mark 7:1-13

*You put aside the commandment of God to cling to human traditions.*

Communion Antiphon: **Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.**

**Wednesday, 13<sup>th</sup> February**

**Weekday**

Entrance Antiphon: **O Come, let us worship the Lord. Let us bow down in the presence of our maker, for he is the Lord our God.**

First Reading: Genesis 2:4-9. 15-17

*The Lord God took the man and settled him in the garden of Eden.*

Responsorial Psalm: **Bless the Lord, my soul!**

Gospel Acclamation: **Alleluia, alleluia! Our Saviour Christ Jesus abolished death, and he has proclaimed life through the Good News. Alleluia!**

Gospel: Mark 7:14-23

*It is what comes out of a man that makes him unclean.*

Communion Antiphon: **Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.**

**Thursday, 14<sup>th</sup> February**

**SAINTS CYRIL, MONK, AND  
METHODIUS, BISHOP  
PATRONS OF EUROPE**



*Cyril died in 869 and Methodius in 885. They were brothers who evangelised many of the Slavic peoples. They helped to promote cordial relations between Constantinople and Rome. Cyril and Methodius are Co-patrons of Europe.*

Entrance Antiphon: **These holy men who became friends of God, glorious heralds of divine truth.**

The **Gloria** is said.

First Reading: Acts of the Apostles 13:46-49  
*We must turn to the pagans.*

Responsorial Psalm: **Go out to the whole world; proclaim the Good News.**

Gospel Acclamation: **Alleluia, Alleluia! The Lord has sent me to bring the good news to the poor, to proclaim liberty to captives. Alleluia!**

Gospel: Luke 10:1-10

*The harvest is rich but the labourers are few.*

Communion Antiphon: **The disciples went forth and preached the Gospel, while the Lord worked with them, confirming the word through accompanying signs.**

**Friday 15<sup>th</sup> February**

**Weekend**

Entrance Antiphon: **O Come, let us worship the Lord. Let us bow down in the presence of our maker, for he is the Lord our God.**

First Reading: Genesis 3:1-8

*You will be like gods, knowing good and evil.*

Responsorial Psalm: **Happy the man whose offence is forgiven.**