

Gospel Acclamation: **Alleluia, alleluia! Instruct me, Lord, in your way; on an even path lead me. Alleluia!**

Gospel: Matthew 12:1-8

*The Son of Man is master of the Sabbath.*

Communion Antiphon: **The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.**

**Saturday, 20<sup>th</sup> July**

**Weekday or**

**St Apollinaris, Bishop & Martyr or  
Votive Mass of the BVM**

*A native of Antioch, Apollinaris was martyred in the first century. He is said to have been appointed Bishop of Ravenna by St Peter himself. Apollinaris is patron of epilepsy and gout.*

Entrance Antiphon: **As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.**

BVM Antiphon(1): **Hail, Holy Mother, who gave birth to the King who rules heaven and earth for ever.**

First Reading: Exodus 12:37-42

*It was night when the Lord brought Israel out of the land of Egypt.*

Responsorial Psalm: **Great is his love, love without end.**

Gospel Acclamation: **Alleluia, alleluia! Make me grasp the way of your precepts, and I will muse on your wonders. Alleluia!**

Gospel: Matthew 12:14-21

*Jesus warned them not to make him known; this was to fulfil the prophecy.*

Communion Antiphon: **The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.**

BVM Antiphon(1): **Blessed is the womb of the Virgin Mary, which bore the Son of the eternal Father.**

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# WEEKDAY MASS SHEET

**15<sup>th</sup> – 20<sup>th</sup> July  
Week 15, Year I**

**Monday, 15<sup>th</sup> July**

**St Bonaventure,  
Bishop & Doctor of the Church**

*For 17 years he was Minister General of the Franciscan order and was known as the Seraphic Doctor for his spiritual writings. He was Cardinal Bishop of Albano; he died in 1274.*

Entrance Antiphon: **The Lord chose him for himself as high priest, and, opening his treasure house, made him rich in all good things.**

First Reading: Exodus 1:8-14. 22

*We must take steps against Israel increasing any further.*

Responsorial Psalm: **Our help is in the name of the Lord.**

Gospel Acclamation: **Alleluia, alleluia! Open our heart, O Lord, to accept the words of your Son. Alleluia!**

Gospel: Matthew 10:34 – 11:1

*It is not peace I have come to bring, but a sword.*

Communion Antiphon: **The Good Shepherd has laid down his life for his sheep.**

**Tuesday, 16<sup>th</sup> July**

**Weekday or  
Our Lady of Mount Carmel**

*The cult of Mary under this title originated in the 14<sup>th</sup> century and came to be observed throughout the west during the 18<sup>th</sup> century. This feast commemorates the Virgin Mary as associated with Mount Carmel (Israel), site of the prophet Elijah's altar to the one true God and of the 12<sup>th</sup> century eremitical forerunners of the Carmelites. Mary is celebrated on this day as a model of reflection, solitude and prayer.*

Entrance Antiphon: **As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.**

First Reading: Exodus 2:1-15

*Pharaoh's daughter named him Moses because, she said, 'I drew him out of the water.' Later, when he was a man, he set out to visit his countrymen.*

Responsorial Psalm: **Seek the Lord, you who are poor, and your hearts will revive.**

Gospel Acclamation: **Alleluia, alleluia! Train me, Lord, to observe your law, to keep it in my heart. Alleluia!**

Gospel: Matthew 11:20-24

*It will not go as hard on Judgement day with Tyre and Sidon and with the land of Sodom as with you.*

Communion Antiphon: **The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.**

**Wednesday, 17<sup>th</sup> July**

**Weekday or  
St Kenelm, Prince of Mercia or  
Blessed John Sugar, Priest, and Robert  
Grissold, Layman, Martyrs**

*Kenelm was the prince of Mercia in the ninth century. Following his death, the village of Clent, Worcestershire, became a centre of his cult. John Sugar and Robert Grissold were martyred in Warwick in 1604. John Sugar ministered in Staffordshire, Warwickshire and Worcestershire.*

Entrance Antiphon: **As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.**

Kenelm Antiphon: **The virtuous live forever, their recompense lies with the Lord. They shall receive the royal crown of splendour, the diadem of beauty from the hand of the Lord.**

John Sugar Antiphon: **The saints are happy in heaven because they followed Christ. They rejoice with him forever because they shed their blood for love of him.**

First Reading: Exodus 3:1-6. 9-12

*The Lord appeared to Moses in the shape of a flame of fire, coming from the middle of a bush.*

Responsorial Psalm: **The Lord is compassion and love.**

Gospel Acclamation: **Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!**

Gospel: Matthew 11:25-27

*You have hidden these things from the learned and revealed them to mere children.*

Communion Antiphon: **The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.**

Kenelm Antiphon: **Happy the man who stands firm when trials come. He has proved himself and will win the prize of life, the crown that God has promised to those who love him.**

John Sugar Antiphon: **No one has greater love than to lay down his life for his friends.**

**Thursday, 18<sup>th</sup> July**

**Weekday**

Entrance Antiphon: **As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.**

First Reading: Exodus 3:13-20

*I Am who I Am. I Am has sent me to you.*

Responsorial Psalm: **The Lord remembers his covenant for ever.**

Gospel Acclamation: **Alleluia, alleluia! My soul is waiting for the Lord, I count on his word. Alleluia!**

Gospel: Matthew 11:28-30

*I am gentle and humble in heart.*

Communion Antiphon: **The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.**

**Friday, 19<sup>th</sup> July**

**Weekday**

Entrance Antiphon: **As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.**

First Reading: Exodus 11:10- 12:14

*You shall slaughter a lamb between the two evenings; and when I see the blood I will pass over you.*

Responsorial Psalm: **The cup of salvation I will raise; I will call on the Lord's name.**