

Sacred Heart Parish Weekly Newsletter.

A CAFOD *livesimply* accredited parish

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Dear Friends,

Fr Peter Conley, who is a leading light on the works of St John Henry Newman, has produced some very good 'Help to Pray' ideas which are on the St John Fisher website. Just click on the Help to Pray button: <https://sjfcov.org/>

An act of Spiritual Communion:

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Please remember in your

prayers Etta Montague and all who are sick and for the repose of the souls of Izzy Griffin, and Maria Theresa Cope-Caremans (whose burial service takes place this week,) and for all who have died.

Come All Who Thirst

online retreat is now happening via zoom on 29/30/31st May. Beautiful times of prayer and mass planned with Sion Community and some very exciting speakers and musicians booked. Zoom is very easy to use, and you may even be using it already. To register, please go to

<https://www.eventbrite.co.uk/e/come-all-who-thirst-tickets-100837991146>

The Catholic Truth Society (CTS) have published a wonderful Do-It-Yourself Retreat to use at home. **This could be a fantastic way of making use of the Lockdown and could really help us in our growing relationship with the Risen Lord.** It costs £2.50 and you can order it directly from the CTS using this link: <https://www.ctsbooks.org/?s=Do+it+yourself+retr eat>

On the next page is a great question for you all, so read on...

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17th May 2020 SIXTH SUNDAY OF EASTER (A)

All Masses are Livestreamed to the Parish Facebook page:

Sacred Heart Catholic Church Coventry.

<https://www.facebook.com/Sacred-Heart-Catholic-Church-Coventry-736420386480785/>

Parish Website:

www.sacredheart-coventry.org

During the month of May, the Rosary is livestreamed at 8.30am each morning.

Sunday 9.00am	For all the people of the Parish.
Monday 9.00am	Celine MacIntyre, R.I.P. 3 rd Anniversary. (Celine McCrea)
Tuesday 9.00am	Special Intention.
Wednesday 9.00am	William Coyle, R.I.P. (Mary Henry)
Thursday 9.00am	SOLEMNITY OF THE ASCENSION OF THE LORD. John Marcus Devine, R.I.P.
Friday 9.00am	David Hardie, R.I.P. (Joan and Sarah)
Saturday 9.00am	Margaret Mary Craig (8 th Anniv) & Arral Craig, R.I.P. (Paul and Terence Craig)
24th May 2020 SEVENTH SUNDAY OF EASTER (A)	
Sunday 9.00am	For all the people of the Parish.



If you hear the fire alarm leave by the nearest exit following the instructions of the fire marshals. The Assembly Point is in the car park

The Parish is part of the Archdiocese of Birmingham. Registered Charity No. 234216
www.birminghamdiocese.org.uk



An Induction Loop system is provided. Please switch Hearing-Aid to 'T'



BABY CHANGING UNIT
Provided in the disabled toilet.



Please switch off mobile phones when in Church. Thank you.

So, do you want to be a saint? Do you? Fr James Martin, a Jesuit priest, has a wonderful answer for us in his book *Becoming Who You Are: Insights on the True Self from Thomas Merton and Other Saints*

He gives an example of a young working mother who feels disappointed in herself that she doesn't have more time for prayer and meditation, because everything is rush, rush, rush, especially with children to look after. If only she could live a holier life, but it seems that holiness is not for her, only for the saints.

She has a favourite saint, St Teresa of Calcutta (Mother Teresa) and wishes she could be more like her. But, as Fr Martin says, that is the whole problem. Our young working mum is not supposed to be like Mother Teresa, she IS supposed to be herself, to be the person God has created her to be. And the journey into holiness is the journey of finding out who that really is. Fr Martin points out that we all have a persona that we present to the world; the picture we think will be acceptable to others, but that's not who we really are, that's who we want people to think we are.

He makes a lovely comment in his book that this young working mum would be lousy at doing what Mother Teresa did. Yes she would. But Mother Teresa would be lousy at doing what this young mum is doing. Oh yes, she would!

We're all called to be saints, because to be a saint is simply to become the person God is calling me to be, my true self. Not what other people want me to be, not what society expects me to be, but to be the person God is calling me to be, for in that we find our perfect fulfilment.

So, if you want to be a saint (and you should, because heaven is our true home, and everyone in heaven is a saint) don't try and copy someone else, don't try and copy other saints. Each saint was so

LiveSimply Prayer

Compassionate and loving God, you created the world for us all to share, a world of beauty and plenty. Create in us a desire to live simply, so that our lives may reflect your generosity. Creator God, you gave us responsibility for the earth, a world of riches and delight. Create in us a desire to live sustainably, so that those who follow after us may enjoy the fruits of your creation. God of peace and justice, you give us the capacity to change, to bring about a world that mirrors your wisdom. Create in us a desire to act in solidarity, so that the pillars of injustice crumble and those now crushed are set free. Amen.

different that they could never have been like any other saint – they could only be themselves.

In our prayer, in our quiet moments, let's ask God to lead us on the journey of discovering our true selves

7-Day Candles: 10th – 17th May

Sacred Heart:

Our Lady: Catriona Murphy, R.I.P.; Richard Hogan, R.I.P.

By the small Crucifix:

My heartfelt thanks, especially in these very difficult times, to those who have offered to make donations direct to the Parish and to those who have left offertory donations in the letter box in the car park gates. If you wish to set up a Standing Order, please email me. Or, If you wish to make an online donation just go to the Parish Website where you will find the "Donate" button.

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Some more online resources:

Young Catholic adults WhatsApp Group:

<https://birminghamdiocesantrust.eu.rit.org.uk/news/whatsapp-group-for-young-catholic-adults>

Evangelisation Chat:

<https://www.birminghamdiocese.org.uk/news/evangelisation-chat-launched-on-youtube>

Bishop Robert Barron "Word on Fire"

<https://www.wordonfire.org/>

God bless you all and your families, and stay safe,

Fr. Tony.